

The Life You Want Doesn't Just Happen

LET'S GO GET IT!



GETTING STARTED:

In this stage we find where you are NOW. We begin with testing:



EPIGENETICS

You know your chronological age. Discover your 'biological' age and set goals to decrease that age year over year.



LAB PANEL (BLOOD)

Not just your normal blood draw for your annual physical, this testing covers every aspect of your health with green, yellow, red variances.



GUT MICROBIOME

As your foundation for wellness, your gut reveals a detailed analysis to create a plan for improvement.



GENETICS

Again, inside out, with your DNA and RNA as a guide to understanding what you should and should not be doing.



*Includes:
Boundless
Coach + Health
Coach*

**10 YEAR
1 YEAR
30 DAY
EVERY DAY**

DEVELOPING YOUR PLAN

In a 1-Day Session we combine outcomes matched with your goals to help us create your custom Boundless Life plan.



EXECUTE WITH BOUNDLESS COACHING:



BOUNDLESS COACH

Virtual Sessions 1x per month



PERSONAL HEALTH COACH

Virtual sessions 1x per quarter



PERSONAL HEALTH DASHBOARD

Knowing the score is important.



RETESTING

Results are what we are after.

At Boundless, we take already high performing humans to new levels of performance. We believe that you are the greatest limiting factor to your future success and by refocusing your attention, beginning with your foundation of wellness, on yourself you will unlock increasing levels of capacity you never knew were available thereby creating a Life of Boundless possibility. Our proven process creates the clarity needed to understand your future state and works backward to ensure daily execution toward the achievement of your designed Boundless future. It takes work and it's worth it! Let's go get it together!



Boundless
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Boundless Membership Also Includes:

- Boundless Health Events at the Castle*
- Discounted Health Assessments
- Unlimited Access to the Boundless Coaches
- Boundless Box Access*
- Up-to-date Personal Resources
- Discounted Health Supplements & Products